

Perryton High School Elective Course Catalog 2009-2010

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Perryton High School

Elective Courses

Fine Arts:

Course Title: Art 1

Unit Credit: 1

Grade Placement: 9, 10, 11, 12

Prerequisite: None

Course Description: Art 1 is an introduction to fine art and includes art elements and principles, art history, art criticism, perceptual development, and art career exploration. The main focus is on creative expression using a variety of art media in design, drawing, painting, printmaking and sculpture.

Course Title: Art 2

Unit Credit: 1

Grade Placement: 10, 11, 12

Prerequisite: Art 1

Course Description: Art 2 consists of art elements and principles, art history, art criticism, perceptual development, and art career exploration. The main focus is on creative expression using a variety of art media in design, drawing, painting, printmaking, ceramics, and sculpture.

Course Title: Art 3 – Art 4, (Advanced Art)

Unit Credit: 1

Grade Placement: 11, 12

Prerequisite: Art 1 & Art 2

Course Description: Advanced Art focuses on final portfolio preparation and exhibition, advanced art history, art career evaluation, art criticism and aesthetic judgment. The main focus is on creative expression using a variety of art media such as drawing, painting, printmaking, sculpture, ceramics, fiber art, photography, and electronic media art.

Course Title: Concert Choir

Unit Credit: 1

Grade Placement: 9-11 or 12

Prerequisite: Productive participation in Jr. high choir, audition, and/or director approval

Course Description: This choir is designed for those singers needing more instruction and training in basic vocal and sight-singing techniques. Students will be required to perform in class and concerts in group and individual settings. The choir will perform at UIL Concert / Sight-Singing competition and students may choose to participate in the All-State auditions and sole / ensemble contest. A \$15 uniform fee will be necessary.

Participation in this choir will require extra rehearsal and performance time outside of the school day.

Course Title: Chorale

Unit Credit: 1

Grade Placement: 10, 11, 12

Prerequisite: Audition and director placement based on productive participation in Concert Choir / Chorale.

Course Description: This choir is designed for those singers ready for a more advanced approach to the art of choral music. Students will have demonstrated mastery of basic vocal and sight-singing techniques in previous choir participation and / or audition. Students will be required to perform in class and concerts in group and individual settings. The choir will perform at UIL Concert / Sight-Singing competition and students may choose to participate in the All-State audition and solo / ensemble contest. A \$15 uniform fee will be necessary. Participation in this choir will require extra rehearsal and performance time outside of the school day.

Course Title: Show Choir

Unit Credit: 1

Grade Placement: 10, 11, 12

Prerequisite: Audition and director placement. Must be a member of Chorale.

Course Description: "Take 1" is an auditioned group of 12 – 20 members open to male and female junior and senior students. Some sophomores may be considered if needed for vocal balance. This choir is designed for those singers ready for a more advanced approach to the art of choral music. Students will have demonstrated mastery of basic vocal and sight-singing techniques in previous choir participation and / or audition. A more varied and contemporary style of music is studied and performed. Students will be required to perform in class and concerts in group and individual settings. Participation in this choir will require extra rehearsal and performance time outside of the school day. A \$35 - \$50 uniform fee will be necessary.

Course Title: Band 1, Band 2, Band 3, Band 4

Unit Credit: 1

Grade Placement: 9, 10, 11, 12

Prerequisite: Successful completion of junior high band.

Course Description: The Perryton High School Ranger Band is the primary instrumental-performing group in the high school. Performances include marching at football games, concerts and contests. The emphasis is group performance and individual development.

Course Title: Theater Arts 1

Unit Credit: 1/2 - 1

Grade Placement: 9, 10, 11, 12

Prerequisite: None

Course Description: Discover the world of theater. Theater Arts 1 introduces students to the basics of acting concepts and skills, expressive use of the body and voice, theater production concepts and skills, appreciation of theatrical events, dramatic interpretation,

history of the theater, and working before a camera.

Course Title: Theater Production 1 - 3

Unit Credit: 1/2 - 1

Grade Placement: 10 - 12

Prerequisite: Theater Arts 1

Course Description: The fall production and one act play will be produced in this class. Students learn advanced techniques in acting and all aspects of play production.

Foreign Language:

Course Title: Spanish 1 (Novice)

Unit Credit: 1

Grade Placement: 10, 11, 12

Prerequisite: Must be strong in English grammar.

Course Description: This course integrates the five program goals of the TEKS for LOTE: communication, cultures, connections, comparisons, and communities. It's a study of Hispanic language and culture incorporating the development of listening, speaking, reading and writing within the five program goals. The main goal for this course is for students to progress towards a novice level ability in using Spanish in school and in the community.

Course Title: Spanish 2 (Novice - High)

Unit Credit: 1

Grade Placement: 11, 12

Prerequisite: Must have passed 2nd semester of Spanish 1 with at least a 75 average.

Course Description: This course provides students with opportunities to continue developing their listening, speaking, reading, and writing skills within the five program goals of the TEKS for LOTE. Students continue to expand their knowledge of Hispanic language and culture. Students function at a novice-mid to novice-high level of proficiency, depending on their background, but they begin to show signs of intermediate-low level of proficiency.

Course Title: Spanish 3 (Intermediate)

Unit Credit: 1

Grade Placement: 12

Prerequisite: Successful completion of Spanish 1 as well as a minimum 2nd semester average of 85 in Spanish 2.

Course Description: This course continues to provide students with opportunities to work towards an intermediate level of proficiency in speaking and listening as well as expand their reading and writing skills within the five program goals of the TEKS for LOTE. There is a more in-depth study of Hispanic culture and Spanish-speaking people throughout the world through exposure to the authors and to the literature of the Spanish-speaking world.

Business:

Course Title: Introduction to Business

Unit Credit: ½ - 1

Grade Placement: 9, 10

Prerequisite: None

Course Description: Introduction to Business will cover money management, personal records, insurance needs, employment and how funds are transferred using the electronic method. Types of businesses, the role of wants and needs, profit and loss and rewards to employee and employer will also be discussed. Sole proprietorships, partnerships, corporations, cooperatives, franchises, and entrepreneurship will all be studied. Most importantly, the student will be provided the opportunities to assess individual interests, abilities, and aptitudes as well as analyze skills, career choices, and many other options. This is a perfect course for students that are considering any type of business career, whether it is a secretarial position or business management. A cluster of various business fields will be studied in depth. These will consist of management, marketing, administration, finance, entrepreneurship, & office support personnel.

Course Title: Business Law

Unit Credit: 1

Grade Placement: 11, 12

Prerequisite: None

Course Description: The student will learn the relationship of law to everyday life. Emphasis will be placed on contracts, employment, warranties, property, wills, court systems, and law with minors.

Course Title: Accounting 1

Unit Credit: 1

Grade Placement: 11, 12

Prerequisite: None

Course Description: This course presents the fundamental accounting equation, the accounting cycle, special journals and ledgers, worksheets, adjusting and closing entries, payroll records, and how accounting is used with computers.

Course Title: Accounting 2

Unit Credit: 1

Grade Placement: 12

Prerequisite: Successful completion of Accounting 1

Course Description: This course uses both partnerships and corporations to show the accounting cycle. It presents bad debts, depreciation, prepaid and accrued expenses, methods of inventory control, the voucher system, and managerial problems.

Course Title: Career Preparation 1

Unit Credit: 3

Grade Placement: 11, 12

Prerequisite: Student must be currently employed and have instructor approval

Course Description: DCP 1 is a co-educational cooperative vocational program designed to provide the student with knowledge and skills for employment in any field where a vocational course is available. The student is in the classroom for one period a day and on-the-job as a paid employee for at least 15 hours during the school week. They are to work no more than a total of 40 hours. The course is designed as a one-year continuum. Classroom units deal with employment procedures, communication skills, teamwork and leadership, career choices, good money management, and business ethics. The training station provides training in their chosen employment.

Course Title: Career Preparation 2

Unit Credit: 3

Grade Placement: 12

Prerequisite: Diversified Career Preparation 1 and student must be currently employed and have instructor approval.

Course Description: DCP 2 is a co-educational cooperative vocational program designed to provide the student with knowledge and skills for employment in any field where a vocational course is available. The student is in the classroom for one period a day and on-the-job as a paid employee for at least 15 hours during the school week. They are to work no more than a total of 40 hours. Classroom units are advanced units of the material covered in DCP 1 with additional units of career selection, relationship between physical and mental health to job success, how to handle career and family, and summarizing the rights and responsibilities of employers and employees. The training station provides training in their chosen employment.

Computer Technology:

Course Title: Desktop Publishing

Unit Credit: 1

Grade Placement: 10 -12

Prerequisite:

Course Description: Appropriate use of hardware components, software programs and their connection, data input skills appropriate to the task, learning to comply with laws and

examining issues regarding the use of technology in society, using a variety of strategies to acquire information from electronic resources, acquiring electronic information in a variety of formats and evaluating the acquired electronic information.

Course Title: BCIS 2

Unit Credit: 1

Grade Placement: 11 -12

Prerequisite: BCIS 1

Course Description: Studies new computer trends, develop skills for success in the workplace, appraises the components of productivity through projects, research employment opportunities in the field of computer information systems, create a personal portfolio, analyze and implement appropriate technology as tools to address business needs, mail merging, integration of financial, payroll, and technical supports, using multimedia presentations, apply advanced skills in Access and Excel for business problems and database management, use of publishing software for instructional manuals, newsletters, and brochures.

Course Title: Business Image Management and Multimedia

Unit Credit: 1

Grade Placement: 11 -12

Prerequisite: BCIS 1

Course Description: Developing professional oral and visual communication skills, importing graphics, sound, and video objects into text documents and presentations, image management procedures, applying a publishing system, web publishing and desktop publishing.

Family & Consumer Sciences:

Course Title: Personal & Family Development

Unit Credit: 1

Grade Placement: 9, 10

Course Description: This comprehensive laboratory course is designed to address a broad range of knowledge and skills related to personal development and management, promotion of strong families, and preparation for adult roles. Content includes a focus on interpersonal skills; decision-making; promotion of family strengths and well being; developing positive relationships with peers; child development and care; and clothing selection and maintenance. Other studies address nutrition and dietary practices, food selection and preparation, budgeting and consumer-buying practices, and management of family housing needs. Influences of societal and technological changes, career options, and the management of multiple family, community, and career roles are included.

Course Title: Fashion Design

Unit Credit: ½ (Fall)

Grade Placement: 10, 11, 12

Course Description: This technical laboratory course focuses on apparel from the perspectives of personal decision-making related to apparel, the apparel industry, and career preparation. Topics include managing the apparel dollar, apparel repair and

alteration, and wardrobe planning, care, and maintenance. Quality apparel construction is addressed as it relates to consumer decision-making and career preparation for the apparel industry. Other content addresses career options and management practices for assuming multiple family, community, and wage earner roles.

Course Title: Textile & Fashion Design

Unit Credit: ½ (Spring)

Grade Placement: 10, 11, 12

Prerequisite: Fashion Design is recommended

Course Description: This technical laboratory course is designed to address the textiles and apparel industries, textile design and production, apparel design practices and influences, and career preparation. Instruction includes knowledge and skills of the design industry, fibers, fabrics, textile and apparel manufacturing systems, product marketing techniques, technology applications, international impact of the textiles and apparel industries, federal regulations, and career options. Design procedures and management of multiple family, community, and wage-earner roles are emphasized.

Course Title: House Design

Unit Credit: ½ (Fall)

Grade Placement: 10, 11, 12

Prerequisite: None

Course Description: This technical laboratory course focuses on the management of family housing needs, housing and the environment, and career preparation. Content includes types of housing, legal and financial aspects of housing, home safety and maintenance, space utilization, factors affecting housing choices, technology applications, and basic housing construction features. Other topics are interior and exterior environmental issues; impact of housing decisions on managing multiple family, community, and wage-earner roles; career options; and housing trends for the future.

Course Title: Interior Design

Unit Credit: ½ (Spring)

Grade Placement: 10, 11, 12

Prerequisite: House Design is recommended

Course Description: This technical laboratory course focuses on the design of residential and nonresidential interior environments to achieve occupant well-being and productivity. Content addresses design practices and influences, lighting, materials, furnishings, legal considerations, and the impact of technology on interiors. Budgeting, consumer decision-making, safety, the care and maintenance of interior, career preparation, and the management of multiple adult roles are emphasized.

Course Title: Nutrition & Food Science

Unit Credit: ½ (Fall)

Grade Placement: 10, 11, 12

Prerequisite: None

Course Description: This technical laboratory course concentrates on nutrition, food choices, and food management skills for individuals and the family throughout the life cycle. Instruction addresses nutrition and food science from the perspective of food habits and wellness, menu planning, special dietary needs, food costs and budgeting, consumer

food-buying strategies, food safety and sanitation procedures, food labels, technology implications, and food handling, storage, and preparation practices. Meal etiquette, career options, and techniques for managing multiple family, community, and wage earner roles are part of the content.

Course Title: Food Science & Technology

Unit Credit: ½ (Spring)

Grade Placement: 10, 11, 12

Prerequisite: Nutrition & Food Science

Course Description: This technical laboratory course provides foundational training in the area of food science and technology. Content addresses food science principles; nutrition and wellness; food technology; world food supply; managing multiple family, community, and wage-earner roles; and career options in nutrition, food science, and food technology. Instructional topics include diet-related disorders, diets appropriate to the life cycle and other factors, therapeutic diets, chemical and physical changes that affect food product quality, technologies used in food processing and product development food safety and sanitation standards, market research, legal issues, and food policies. Laboratory activities utilizing research methods related to current issues in food science, technology, and nutrition are included.

Course Title: Child Development

Unit Credit: ½ (Fall)

Grade Placement: 10, 11, 12

Course Description: This technical course is designed to focus on knowledge and skills related to pre-natal & post-natal care, guidance, and protection of children. Instruction addresses the principles and procedures for promoting the physical, emotional, social, and intellectual development of young children, including those with special needs. Other topics include characteristics of quality childcare, career options related to the care and education of children, and the management of multiple family, community, and family roles.

Course Title: Family & Career Management

Unit Credit: ½ (Spring)

Grade Placement: 10, 11, 12

Course Description: This comprehensive course emphasizes preparation for family and career roles, effective management, and personal and career effectiveness. Topics include managing family, community, and career roles; impact of technology on the workforce and the family; correlation of personal and family strengths to employment opportunities; interpersonal skills; and personal characteristics that lead to career and personal success. Other topics include health-related issues affecting employees, nutrition management, ethical and legal practices in the workplace, financial and time management, wardrobe planning and maintenance, and housing considerations and management.

Course Title: Individual & Family Life

Unit Credit: ½ (Fall)

Grade Placement: 11, 12

Course Description: This technical course is designed to focus on personal development, interpersonal relationships, effective individual and family functioning, and career preparation - all within a changing society. The course addresses personal identity, responsibilities of living as an independent adult, relationship development outside

the family, and factors related to marital success. Special attention is focused on understanding the roles, responsibilities, and impact of the family on individuals and society; promoting and strengthening the family unit; and managing multiple family, community, and wage earner roles.

Course Title: Preparation for Parenting

Unit Credit: ½ (Spring)

Grade Placement: 11, 12

Prerequisite: None

Course Description: This technical laboratory course is designed to provide individuals opportunities to develop knowledge and skills in preparation to function effectively in the role of parent or caregiver. Content stresses parental responsibilities, child guidance techniques, parents as positive role models, parents as their children's first teacher, and parenting practices that promote a child's development, health, safety, and well-being. Managing family crises, managing multiple roles of family members throughout the life cycle, and career preparation are additional topics.

Course Title: Culinary Arts

Unit Credit: 1

Grade Placement: 10, 11, 12

Prerequisite: Successful completion of Nutrition and Food Science and Food Science Technology

Course Description: This course provides for a school-based independent study project developed by the student and conducted under the supervision of the teacher and a mentor from an industry related to the project focus. The project provides opportunities for the student to apply multiple skills to plan and conduct research in home economics including application of the scientific method of investigation, data collection, and data analysis. The project is presented to a review panel that includes professionals in the field of project focus. The student's ability to utilize a variety of resources, technologies, reporting formats, interpersonal skills, and communication skills should be demonstrated in the development and presentation of the project.

Course Title: Career Connections

Unit Credit: ½

Grade Placement: 11-12

Course Description: Career Connections is a semester course designed to provide students with the ability to make informed decisions concerning the world of work and how it relates to the world of learning.

Course Title: Teen Leadership

Unit Credit: ½

Grade Placement: 11-12

Course Description: Students will learn to take responsibility, express themselves, and handle problems when they arise. The course prepares students for success in all they pursue, in and beyond school.

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Industrial Technology:

Course Title: Technology Systems

Unit Credit: ½ - 1

Grade Placement: 9, 10, 11, 12

Prerequisite: Cost of \$ 18.00 each semester

Course Description: Technology Systems is a course introducing students to the concepts of technology. In this activity-based course students explore the areas of graphic communication, transportation and production technology. Examples of student learning activities are drafting, woodworking, CO₂ drag car racing, basic welding fundamentals, and sheet metal fabrication.

Course Title: Manufacturing Systems

Unit Credit: ½ - 1

Grade Placement: 10, 11, 12

Prerequisite: Technology Systems

(cost of \$50-\$250 depending upon project selected)

Course Description: Manufacturing Systems allows students to build independent projects. These projects are primarily woodworking projects. Examples of projects are tables, desks, coffee tables, entertainment centers, and nightstands.

Course Title: Research Technology

Unit Credit: ½ - 1

Grade Placement: 11 & 12

Prerequisite: Technology Systems & Manufacturing Systems

(cost of \$50-\$250 depending upon project selected)

Course Description: Research Technology allows the student to take a 3rd or 4th year of an Industrial Technology shop class. The class is designed to let the student build a major project of their choice. The project will be primarily woodworking in nature.

Course Title: Solutions Technology

Unit Credit: ½ - 1

Grade Placement: 12

Prerequisite: Technology Systems, Manufacturing Systems, and Research Technology

Course Description: Solutions Technology allows the student to take a 4th or 5th class of Industrial Technology. The class is designed to let the student build a major project of their choice. These projects are primarily woodworking projects.

Course Title: Engineering Graphics**Unit Credit: 1****Grade Placement: 9, 10, 11, 12****Prerequisite: None**

Course Description: Manufacturing Graphics is a course focusing on the design, planning, and technical communications associated with manufacturing systems. In this activity-based course emphasis is placed on production drawings and graphics related to machine design, welding fabrication, electrical and electronic components, piping, technical illustration, gears and cams, intersection and development, and jigs and fixtures. Examples of student activities are: make working drawings, design products, construct prototypes, and plan an automated factory. Examples of equipment used are computer-aided-drafting (CAD) systems, and reproduction/media equipment. CADD programs used: Generic CADD and Auto CADD 12.

Course Title: Architectural Graphics**Unit Credit: 1****Grade Placement: 10, 11, 12****Prerequisite: Manufacturing Graphics**

Course Description: Construction Graphics is a course focusing on the design, planning and technical communication associated with construction systems. In this activity-based course, emphasis is placed on the production of drawings and media related to residential and commercial architecture, illustration and presentation, municipal and public utilities, topographical and transportation systems. Examples of student learning activities: develop residential planning, investigate the importance of energy efficiency, and simulate a topographical layout on the computer. Examples of equipment used are reproduction/media equipment, and computer-aided drafting (CAD) systems, (Generic CADD, Auto CADD 12, and Auto Architect).

Course Title: Advanced Construction Graphics**Unit Credit: 1****Grade Placement: 11, 12****Prerequisite: Manufacturing Graphics & Construction Graphics**

Course Description: An advanced course designed to provide an academically stimulating environment for students with an interest in expanding their knowledge of computer-aided drafting. Students will use and apply advanced CAD commands, DOS commands, specialized CAD application software, and advanced CAD programming; and use CAD to solve scientific design problems.

Automotive Technology:

Course Title: Automotive Technician 1**Unit Credit: 1****Grade Placement: 9, 10, 11, 12****Prerequisite: None**

Course Description: Automotive Technician is a two-unit (350) hour one-year occupational specific pre-employment program for students in grades 9 through 12. The intent of the program is to provide students with basic skills associated with automobile mechanics.

Course Title: Automotive Technician 2

Unit Credit: 1 - 2

Grade Placement: 11, 12

Prerequisite: Auto Technician 1 and instructor approval

Course Description: Automotive Technician 2 is a three-unit (350-hour) one-year occupational specific pre-employment program for students in grade 11 - 12. The intent of the program is to provide students with the basic skills associated with automobile mechanics.

Course Title: Automotive Technician 3

Unit Credit: 3

Grade Placement: 11-12

Prerequisite: Auto Technician 1 & 2 and instructor approval

Course Description: Automotive Technician 3 is an extension of Automotive Technician 2.

Journalism:

Course Title: Yearbook (Sales & Production)

Unit Credit: 1

Grade Placement: 10, 11, 12 (Emphasis on 11 & 12)

Prerequisite: Teacher approval, application, short meeting with adviser

Course Description: The purpose of Yearbook is to provide and implement marketing strategies to finance the production of the high school yearbook. Students need to be outgoing and friendly, as this is the public relations department of the yearbook staff. Students will have hands-on experience in selling books and various types of advertisements to the student body as well as the Perryton community. Job skills such as goal setting, budgeting, selling, billing/record keeping, and designing ads will be invaluable assets on these students' resumes. Yearbook will also design and create the high school yearbook. Yearbook production is both fun and demanding. There are long periods of little work and instances when there is more work than time. It is usually necessary to spend time outside of class completing assignments, especially around deadlines. Many useful skills are learned while producing a yearbook. These include layout design, copy writing, desktop publishing, photo cropping, editing, headline writing, and photojournalism.

Agriculture:

Course Title: Introduction to World Agricultural Science & Technology

Unit Credit: ½ (Fall)

Grade Placement: 9, 10, 11, 12

Prerequisite: None

Course Description: A basic introductory course designed to introduce beginning students in Agricultural Science to global agriculture. The course also includes agricultural career development, leadership, communications, and personal finance.

Course Title: Applied Agricultural Science & Technology

Unit Credit: ½ (Spring)

Grade Placement: 9, 10, 11, 12

Prerequisite: None

Course Description: A basic applied course designed to enhance the agricultural comprehension of beginning students in Agricultural Science and Technology. The course includes soils, plants, animals, agricultural construction, food science, supervised occupational experience programs, and leadership.

Course Title: Animal & Plant Production

Unit Credit: ½ (Fall)

Grade Placement: 10, 11, 12

Prerequisite: None

Course Description: This course includes principles of animal and plant production and the management of soils as related to agriculture.

Course Title: Introduction to Agricultural Mechanics

Unit Credit: ½ (Spring)

Grade Placement: 10, 11, 12

Prerequisite: None

Course Description: A course designed to familiarize the student with basic theory and specialized skills. Skills will be developed in the areas of tool identification and safe use, carpentry, electricity, plumbing, masonry, fencing, painting, metalworking and welding processes.

Course Title: Wildlife and Recreation Management

Unit Credit: ½ (Fall)

Grade Placement: 11, 12

Prerequisite: None

Course Description: A course designed to examine the importance of wildlife and outdoor recreation with emphasis on using wildlife and natural resources.

Course Title: Home Maintenance & Improvement

Unit Credit: ½ (Spring)

Grade Placement: 11, 12

Prerequisite: None

Course Description: A course designed to prepare students to improve and maintain the urban or rural home and adjacent buildings. It further prepares students to analyze repair needs and use approved safety techniques.

Course Title: Ag Structures Technology

Unit Credit: ½ (Fall)

Grade Placement: 11, 12

Prerequisite: Intro to Ag Mech. or Metal Fabrications

Course Description: A technical course designed to introduce students to fundamentals in agricultural structures technology, including agricultural career development and leadership.

Course Title: Agricultural Metal Fabrication Technology

Unit Credit: ½ (Spring)

Grade Placement: 11, 12

Prerequisite: Introduction to Ag. Mechanics

Course Description: A technical course to develop skills in metal equipment assembly and joining processes.

Course Title: General Agricultural Mechanics

Unit Credit: 1

Grade Placement: 11, 12

Prerequisite: Introduction to Ag. Mechanics or Agricultural Metal Fabrication

Course Description: A technical course designed to introduce students to fundamental scientific principles, concepts and skills in agricultural mechanics, including the areas of metal fabrication, combustion engine operation, agricultural machinery operations, and irrigation management.

Physical Education:

Course Title: Physical Education

Unit Credit: ½ - 1

Grade Placement: 9, 10, 11, 12

Prerequisite: None

Course Description: The physical education program is developed so that the students may have a continuous progression throughout their school days. Emphasis is placed on lifetime activities. The physical education program offers the following activities: handball, bowling, badminton, table tennis, racquetball, weight lifting, swimming, and aerobics. Each student also has the opportunity to participate in team activities, such as basketball, soccer, volleyball, softball, flag football, and track and field. As of January 1, 2008, SB 530 also requires a fitness test that will measure a student's performance in flexibility, core strength, body mass, abdominal strength, upper body strength, and cardiovascular endurance. Students are required to have 1 1/2 years of physical education (to include ½ credit of Foundations of Personal Fitness) to graduate.

Course Title: Foundations of Personal Fitness

Unit Credit: ½

Grade Placement: 9, 10, 11, 12

Prerequisite: None

Course Description: Foundations of Personal Fitness is to acquaint the high school student in the area of fitness for their lifetime. The course is required for one semester of the three semesters a student must have in physical education to graduate. Students enrolled in Athletics or Band for at least three semesters will not be required to take the

course. The course is designed to encourage students to continue a healthy lifestyle into their adult years. The course focuses on fitness and wellness, safety in all activities, getting started in physical activities, cardiovascular fitness, muscular endurance, strength training, flexibility, weight control, healthy eating, and overall fitness for life.

Course Title: Junior Varsity & Varsity Athletics

Unit Credit: ½ - 1 (up to 2 only)

Grade Placement: 10, 11, 12

Prerequisite: None

Course Description: Athletics involves the high school team sport of each season. Students must meet UIL eligibility requirements each six weeks in order to compete in the sports events. Athletics counts towards the 1 ½ PE credits required for graduation. A student may only count four semesters, (2 credits), of athletics for credit even if four full years are completed.

Local / Non-Credit Electives:

Course Title: Bible

Unit Credit: 1 local

Grade Placement: 9 - 12

Prerequisite: None

Course Description: The first semester of the Bible course will be a humanities study of the historical, literary and moral values of the Old Testament. The course is designed to teach the Old Testament with primary emphasis on the text. It will seek to equip the student with a fundamental understanding of the important literary forms contained in the Bible as well as people and symbols often referred to in literature, art and music. The course of study further seeks to equip the student with a fundamental understanding of the influence of the Bible on history, law, American community life and culture and to give insight into the worldviews of America's Founding Fathers. The course seeks to give insight and understanding of the influences on their view on human rights. The course provides students with an understanding of the importance of religion in world and national history and a greater knowledge of Middle-Eastern history, geography, religion and politics. The course does not seek to impose the doctrine of any particular religious belief or sect. The second semester of the Bible course will be a humanities study of the historical, literary and moral values of the New Testament. The course is designed to teach the New Testament with primary emphasis on the text. It will seek to equip the student with a fundamental understanding of the important literary forms contained in the Bible as well as people and symbols often referred to in literature, art and music. The course of study further seeks to equip the student with a fundamental understanding of the influence of the Bible on history, law, American community life and culture and to give insight into the worldviews of America's Founding Fathers. The course seeks to give insight and understanding of the influences on their view on human rights. The course provides students with an understanding of the importance of religion in world and national history and a greater knowledge of Middle-Eastern history, geography, religion and politics. The

course does not seek to impose the doctrine of any particular religious belief or sect.

ACT Preparation:

Course Title: ACT Preparation Class

Unit Credit: None

Grade Placement: 11 & 12

Prerequisite: Must have passed all core course requirements up to this point

Course Description: This class provides study time, materials, and teacher assistance for those students who want to improve their ACT scores. Workbooks and computer programs in the subjects tested on the ACT allow students to increase knowledge and to improve subject skills and test-taking abilities.

Aides:

Course Title: Office Aide

Grade Placement: 11, 12

Prerequisite: Counselor Approval

Course Description: Students must be in good credit standing and be willing to work with office personnel.

Course Title: Library Aide

Unit Credit: None

Grade Placement: 11, 12

Prerequisite: Librarian Approval

Course Description: Students will work in the PHS library, must have an appropriate number of credits and be willing to work with library personnel, students, and computers in labs and/or on Internet.

Course Title: Wright / Williams / Perryton Kinder Aide

Unit Credit: None

Grade Placement: 11, 12

Prerequisite: Wright, Williams, or Kinder principal approval and counselor approval

Course Description: A Wright / Williams / Perryton Kinder Aide is a student that chooses to go to Wright, Williams or Perryton Kinder for one class period and work with an assigned teacher or teachers and their students. Students are responsible for their own transportation to and from the elementary school. Students will sign in and out every day and absences are excuses or unexcused just as they are at the high school. Students should be self-motivating. They must look for ways to help their cooperating teacher and students. Students should get involved with the teacher and students and be motivators and encouragers for the younger children. Elementary Aides are looked upon as role models for the younger children and will be held accountable for any actions that are not positive and/or appropriate in this role.

