

From: Beth Boxwell
Sent: Thursday, March 24, 2011 7:50 AM
To: Carol Hayden
Cc: Beth Boxwell
Subject: SHAC minutes from November.

The meeting of the School Health Advisory council (SHAC) was called to order by presidents Carol Hayden November 11, 2010. Cynthia Andreas moved to accept the minutes from the previous meeting and Donna Mann 2nd.

Carol informed the council of her attendance of a workshop on the School Health Index. She reported about the increase in the obesity rate in the last 15 years. She also explained the need to form committees to assess school health to see strengths & weaknesses.

Handouts were given of Fitnessgram data and Nutrition Nuggets that are handed out at the elementary schools.

Cynthia Andreas shared a story she witnesses of students encouraging another student in a PE class at the Junior High.

Joe Ogden has agreed to be the school board representative for SHAC.

The Next meeting will be January 20th at 5:30 in the board room.

Members present were April Snyder, Keith Langfit, Donna Mann, Cynthia Andreas,
Joe Ogden, Beth Boxwell, Becky Childers, and Paula McGarraugh.